



## **2024 Junior & Youth Quilt Block Challenge**

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**Following pages 2—6 are Sample Quilt Block Tutorial Instructions for two sizes:**

**15 x 15 cm (6" x 6") and 30 x 30 cm (12" x 12").**

**Four 6" x 6" blocks can be used to make one 12" x 12" block.**

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**This tutorial is an example only of how you can make your quilt block. Your quilt block does not need to be machine pieced; applique and hand stitching are also options. Be creative and design your own quilt block.**

**Search online for further inspiration.**

## 2024 Junior & Youth Quilt Block Challenge

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### Sample Quilt Block Tutorial Instructions for two sizes:

**15 x 15 cm (6" x 6") and 30 x 30 cm (12" x 12").**

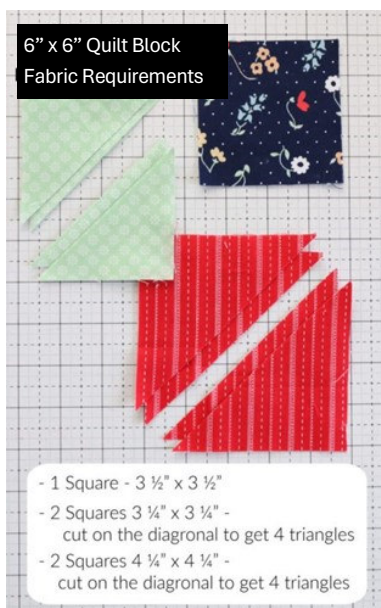
**Four 6" x 6" blocks can be used to make one 12" x 12" block.**

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#### 15 x 15 cm (6" x 6") block:



This is a great block for playing with fabric and the centres are perfect for featuring fussy-cut prints. It's a simple, no-waste block.

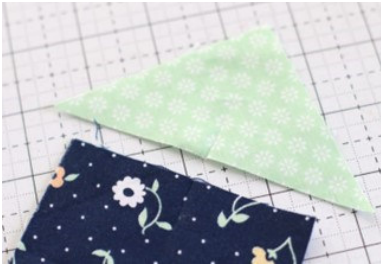


Fabric requirements:

- Centre square 3 1/2" x 3 1/2"
- 2 squares 3 1/4" x 3 1/4" - cut both squares on the diagonal to get 4 triangles
- 2 squares 4 1/4" x 4 1/4" - cut both squares on the diagonal to get 4 triangles

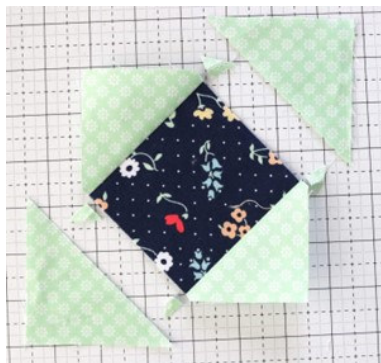
## 15 x 15 cm (6" x 6") block

(continued)



Center the long edge of two of the smaller triangles on opposite sides of the centre square and sew in place using a  $\frac{1}{4}$ " seam. Triangle tips will overhang the outside edges of the square.

Helpful tip: to make sure the that your triangles are centred, fold the long edge in half and make a little crease with your fingernails at the centre. Do the same on all four sides of the centre square. Match up crease marks to easily centre the triangle.

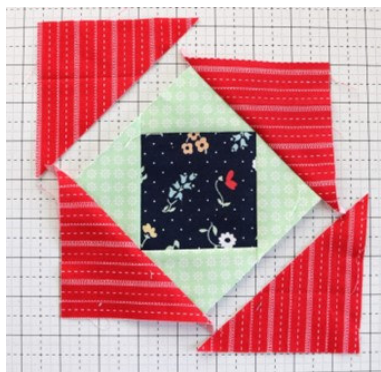


Press seams toward the outside triangles. Trim dog-ears overhanging the square. Repeat the process with the remaining 2 triangles, pressing seams toward the outside.



Find the centre and carefully square up the block to  $4\frac{3}{4}$ " x  $4\frac{3}{4}$ " by trimming equally on all four sides. Be careful to leave  $\frac{1}{4}$ " for seam allowance at each point.

This next step may seem unnecessary, but taking this extra step will ensure the accurate sizes of your quilt blocks.



Repeat the same process with the final 4 triangles, sewing two sides, pressing toward the outside, sew remaining 2 triangles, press.

## 15 x 15 cm (6" x 6") block

(continued)



Square up pressed block to 6 ½" x 6 ½". TIP: if you prefer extra fabric for squaring up, cut squares for middle triangles at 3 ½" x 3 ½" and squares for outside triangles at 4 ½" x 4 ½".



And there you have a perfect 6" x 6" finished (6 ½" x 6 ½" unfinished) Quilt Block.

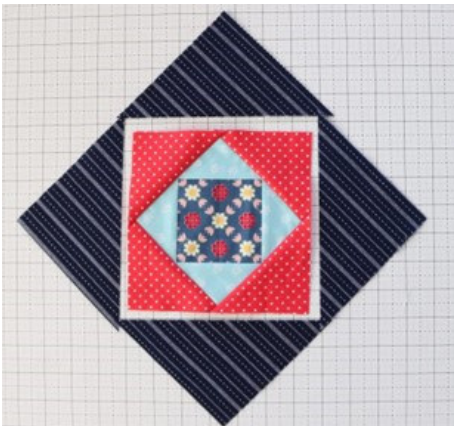
## 30 x 30 cm (12" x 12") block:



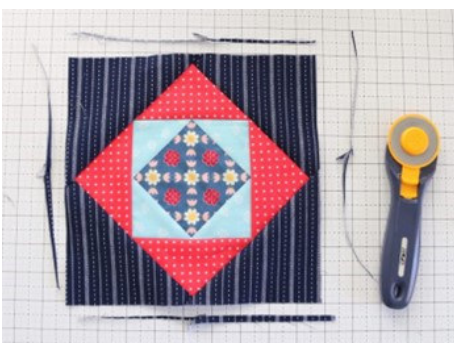
Fabric requirements:

- Centre square 6 1/2" x 6 1/2"
- 2 squares 5 1/2" x 5 1/2" - cut both squares on the diagonal to get 4 triangles
- 2 squares 7 1/4" x 7 1/4" - cut both squares on the diagonal to get 4 triangles

You can either cut a 6 1/2" x 6 1/2" fabric square for your centre OR you could use a 6 1/2" x 6 1/2" unfinished quilt block. Like the ones we just made above.



Repeat the process as before, adding 4 triangles to the sides of the existing block.



Square up sides. Square up first addition for 12" block to 9" x 9".



**30 x 30 cm (12" x 12") block**  
**(continued)**



Add final set of triangles to all 4 sides.



Square up final block to 12½" x 12½".